



RESEARCH SUMMARY

GLABRENE & ISOLIQURITIGENIN

“Glabrene and Isoliquiritigenin as Tyrosinase Inhibitors from Licorice Roots”

Nerya, O., Vaya, J., J. Agric Food Chem, 2003, Feb 26;51(5):1201-7

Key Points of Study

- Both Glabrene and Isoliquiritigenin are likely to be the key active ingredients in licorice root.
- Isolation and use of these in higher concentrations produces significant lightening effects.